

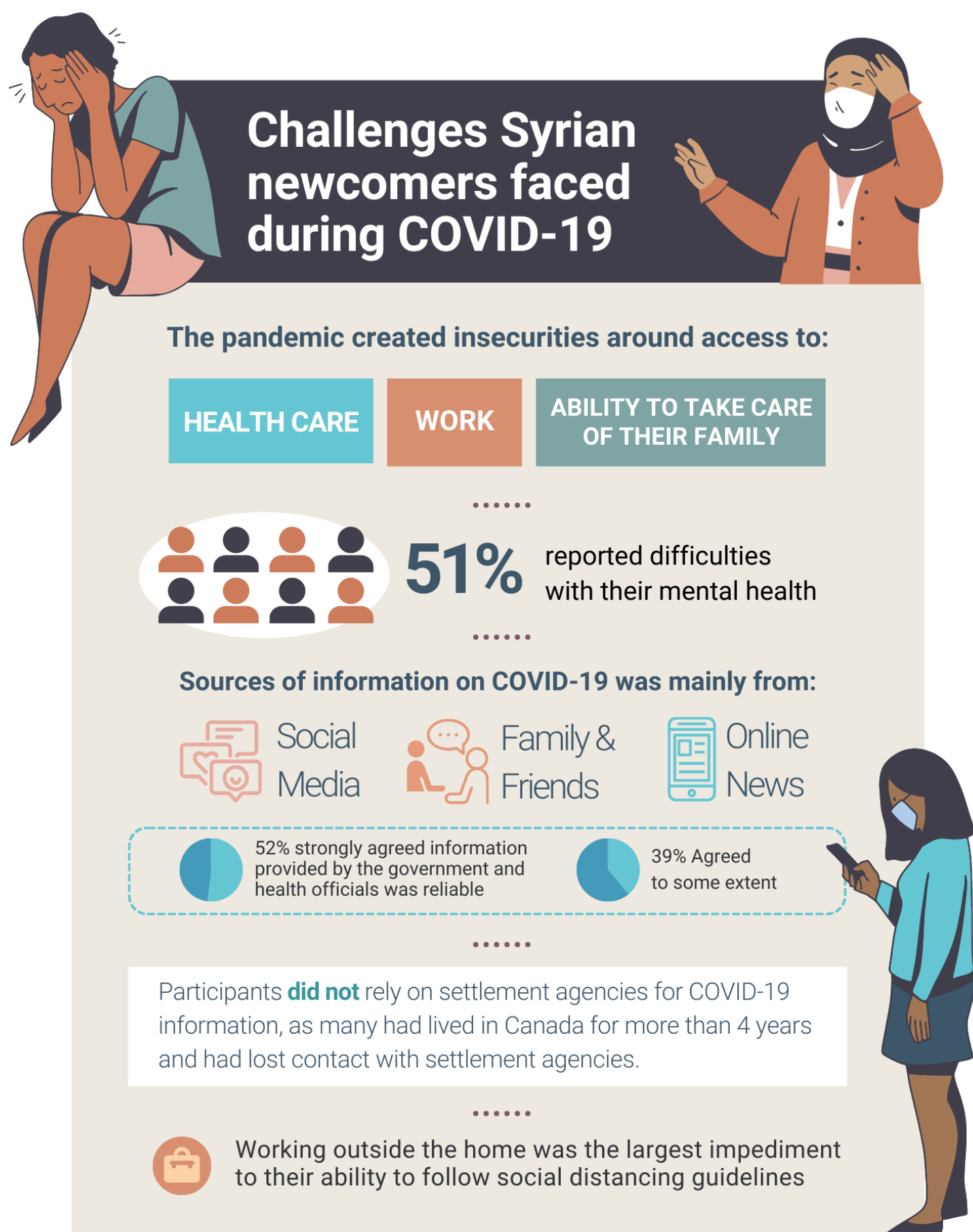
## COVID-19 and Refugee Families in Montréal

**TITLE OF RESEARCH:** **COVID-19 and Refugee Families in Montréal: Strategies for Reaching Hard-to-reach Populations in Health Emergencies**

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**SUMMARY:** This study built on the Québec segment of a CIHR-funded 4-year longitudinal study, Syrian Refugee Integration and Long-Term Health (SyRIA.lth), to examine the challenges Syrian newcomers faced during COVID-19, their coping strategies, and the public health information they accessed.

**LINK:** Click [here](#) to read the executive summary and click [here](#) to read the report



### Recommendations:

- Public health communications to newcomers can be improved by utilizing social media and by providing information in a range of languages.
- Settlement agencies need to partner with health-, migration-, or faith-focused community entities to ensure that newcomers have access to information and resources beyond the first year of settlement.
- Access to mental health services needs to be a priority during health emergencies. Mental health services need to be socio-culturally attuned to the needs of families with refugee experience. Strategies for reducing social isolation should be developed in collaboration with refugee populations.

The views and opinions expressed in this article are those of the researchers and do not necessarily reflect the official position of the Child and Youth Refugee Research Coalition.

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